

# Events Men's 8+

<b>(Lightweight) Elite</b>  LHE 8+ (11) HE 8+ (1)	<b>(Lightweight) Intermediate</b>  LHG 8+ (12) HG 8+ (2)	<b>(Lightweight) Freshman</b>  LHEj 8+ (14) HEj 8+ (4)	<b>Club</b>  HCI 8+ (81)	<b>Mix</b>  Mix 8+ (101)	<b>(Pre) Masters</b>  MPre, A-C 8+ (41) MD-E 8+ (203) MF+ 8+ (42)
These events are open for Dutch and foreign rowers who can row <6:10 mins or <6:30 mins for lightweights on a 2km ergometer test	These events are open only for Dutch rowers who can row <6:30mins or <6:50 mins for lightweights on a 2km ergometer test	These events are open only for Dutch rowers and is a part of a national classification for freshman crews	This event is open for Dutch and foreign rowers. All rowers need to be from the same club. The event is linked to the Kruithuis bokaal	This event is open for Dutch and foreign rowers. Crews need to consist of 50% female rowers and 50% male rowers	These events are open for Dutch and foreign rowers and is based on age. Women are allowed to compete in this event. Pre: Age between 22-27 A: Minimal age 27 B: Average age 36+ C: Average age 43+ D: Average age 50+ E: Average age 55+ F: Average age 60+ G: Average age 65+ H: Average age 70+

# Events Women's 8+

<b>Elite</b>  DE 8+ (21)	<b>Intermediate</b>  DG 8+ (22)	<b>Freshman</b>  DEj 8+ (24)	<b>Club</b>  DCI 8+ (91)	<b>Mix</b>  Mix 8+ (101)	<b>(Pre) Masters</b>  DM Pre, A-C 8+ (51) DM D-E 8+ (51) DM F+8+ (51)
This event is open for Dutch and foreign rowers who can row <7:10 mins on a 2km ergometer test	This event is open only for Dutch rowers who can row <7:30 mins on a 2km ergometer test	This event is open only for Dutch rowers and is a part of a national classification for freshman crews	This event is open for Dutch and foreign rowers. All rowers need to be from the same club. The event is linked to the Kruithuis bokaal	This event is open for Dutch and foreign rowers. Crews need to consist of 50% female rowers and 50% male rowers	These events are open for Dutch and foreign rowers and is based on age. Pre: Age between 22-27 A: Minimal age 27 B: Average age 36+ C: Average age 43+ D: Average age 50+ E: Average age 55+ F: Average age 60+ G: Average age 65+ H: Average age 70+

## Events 8\*

### Men's

M 8\* (114)

This event is open for Dutch and foreign rowers. Women are allowed to compete in this event.  
Minimum age is 27 years old.  
The octuple will be classified as a Masters event.

### Women's

DM 8\* (115)

This event is open for Dutch and foreign rowers.  
Minimum age is 27 years old.  
The octuple will be classified as a Masters event.

# Events Men's 4+ and 4\*

<b>(Lightweight) Elite</b>  HE 4* (112) LHE 4* (113)	<b>Intermediate</b>	<b>(Lightweight) Freshman</b>  HEj 4+ (8) LHEj 4+(18)	<b>Club</b>  HCL4*(82)	<b>Mix</b>  Mix 4* (102)	<b>(Pre) Masters</b>  MPre, A-H 4* (43)
These events are open for Dutch and foreign rowers who can row <6:10 mins or <6:30 mins for lightweights on a 2km ergometer test	This event will not be rowed in this year of the Head  (This event is only for Dutch rowers who can row <6:30 mins on a 2km ergometer test)	These events are open only for Dutch rowers and is a part of a national classification for freshman crews	This event is open for Dutch and foreign rowers. All rowers need to be from the same club. The event is linked to the Bokaal der Quadrippels	This event is open for Dutch and foreign rowers. Crews need to consist of 50% female rowers and 50% male rowers	These events are open for Dutch and foreign rowers and is based on age. Women are allowed to compete in this event. Pre: Age between 22-27 A: Minimal age 27 B: Average age 36+ C: Average age 43+ D: Average age 50+ E: Average age 55+ F: Average age 60+ G: Average age 65+ H: Average age 70+

# Events Women's 4+ and 4\*

<b>(Lightweight) Elite</b>  DE 4* (25) LDE 4* (31)	<b>Intermediate</b>	<b>(Lightweight) Freshman</b>  DEj 4+ (28) LDEj 4* (34)	<b>Club</b>  DCI 4* (92)	<b>Mix</b>  Mix 4* (102)	<b>(Pre) Masters</b>  DMPre, A-H 4* <b>(52)</b>
These events are open for Dutch and foreign rowers who can row <7:10 mins or <7:30 mins for lightweights on a 2km ergometer test	This event will not be rowed in this year of the Head  (This event is only for Dutch rowers who can row <7:30 mins or <7:50 mins for lightweights on a 2km ergometer test)	These events are open only for Dutch rowers and is a part of a national classification for freshman crews	This event is open for Dutch and foreign rowers. All rowers need to be from the same club. The event is linked to the Bokaal der Quadrippels	This event is open for Dutch and foreign rowers. Crews need to consist of 50% female rowers and 50% male rowers	These events are open for Dutch and foreign rowers and is based on age. Pre: Age between 22-27 A: Minimal age 27 B: Average age 36+ C: Average age 43+ D: Average age 50+ E: Average age 55+ F: Average age 60+ G: Average age 65+ H: Average age 70+

# Other Events

Juniors				Coastal		Corporate
Junior Men's		Juniors Women's		Men's	Women's	Mix
15-16 year	17-18 year	15-16 year	17-18 year			
J16 4* (63)	J18 8+ (61) J18 4* (62)	M16 4* (73)	M18 4* (72) M18 8+ (73)	Coastal4* (39)	Dcoastal 4* (40)	Bedr 8+ (111) Bedr 4* (xx)
This event is open for Dutch and foreign juniors who turn 16 in 2025 or are younger. The race will be 5,5 km	These two events are open for Dutch and foreign juniors who turn 18 in 2025 or are younger	This event is open for Dutch and foreign juniors who turn 16 in 2025 or are younger. The race will be 5,5 km	These two events are open for Dutch and foreign juniors who turn 18 in 2025 or are younger	This event is open for Dutch and foreign. Women are allowed to compete in this event. The race will be 5,5 km. The start will be a mass start	This event is open for Dutch and foreign. The race will be 5,5 km. The start will be a mass start	These events are linked to the KNRB Bedrijfsroei-klassement but, are also open for other companies. There are no restrictions for the percentage men and women in the crew